

HB 2585 / SB 1303

The "My Body, My Future" Act:

Expanding Youth Access to Birth Control in Texas

TEXAS RESTRICTS BIRTH CONTROL MORE THAN ANY OTHER STATE.

In 1998, Texas passed a law requiring people under the age of 18 to get a parent or guardian's consent to access FDA-approved contraceptives, including the birth control pill. Due to a federal court ruling in 2022, **Texas is the only state in the country that prevents Title X clinics from providing confidential birth control to minors.**

Findings from a 2024-25 Jane's Due Process & PENTA survey of Texas-based teens show that **many teens need reproductive healthcare but don't know where to go, and won't ask for help - instead they avoid seeking information out of shame, embarrassment, fear, or privacy concerns.**

77%

of Texas teens surveyed believe their reproductive rights are important, yet **less than half feel they understand them. Fewer than one in three teens we asked know how to find accurate reproductive health information.**

**TEXAN TEENS WANT
REPRODUCTIVE HEALTH
CARE AND INFORMATION -
BUT BARRIERS STOP THEM
FROM EVEN SEEKING IT.**



WHAT WILL THE "MY BODY, MY FUTURE" ACT ACCOMPLISH?

- Allowing **minors under 18 to consent to birth control**— which they already can for prenatal care & STI treatment.
- Protecting **confidentiality for youth** seeking healthcare, especially if they **can't safely involve their parents.**
- **Reducing unplanned pregnancies** by **making contraception accessible** and private.
- **Bringing Texas in line with 27 other states** that already allow minors to consent to contraception.

Nobody should be forced into an unplanned pregnancy because they couldn't access birth control.

TAKE ACTION TODAY:

Call your legislators and tell them why HB 2585 / SB 1303 must pass.

Share your story - **If you've faced barriers accessing birth control, your voice matters.**

Follow @JanesDueProcess - Stay updated on the **fight for youth reproductive rights in Texas.**

Protect Texas teens. Support HB 2585 / SB 1303, the "My Body, My Future" Act.

JANE'S DUE PROCESS

teens. reproductive rights. texas.