

My Body, My Future Act

23

States and D.C. give teens the explicit right to consent to birth control

65%

Texas high school seniors have reported having sex

72%

of teens on the Jane's Due Process Hotline ask for information on how to get birth control



JANE'S DUE PROCESS
teens. reproductive rights. texas.

TEXAS HAS PREVENTED YOUTH ACCESS TO BIRTH CONTROL FOR 23 YEARS

In 1998, Texas passed a law requiring people under the age of 18 to get a parent or guardian's consent to access FDA approved contraceptives, including the birth control pill. Texas ranks 9th in the nation for teen pregnancy. This law hurts teens' health.

RESTRICTING BIRTH CONTROL ACCESS PUTS TEENS IN HARMS WAY

Restricting access to birth control does not lead to a decrease in sexual activity. In a study conducted at Washington University at St. Louis, 47% of sexually active teens said that if their parents had to be notified for them to get birth control, they would stop accessing all reproductive health care services, including STI testing and treatment. 99% of those same teens said they would continue having sex.

TEENS IN TEXAS DESERVE A HEALTHY FUTURE

Allowing young people under the age of 18 to consent to birth control would give teens in Texas control over their reproductive health. This would allow young people to make healthy decisions and access necessary medical care.

DOCTORS OVERWHELMINGLY SUPPORT YOUTH ACCESS TO BIRTH CONTROL

Youth access to birth control without involvement from a parent or legal guardian is supported by the American Medical Association, the American Academy of Pediatrics, the American Academy of Family Physicians, the American College of Obstetricians and Gynecologists, the American Public Health Association, and the Society for Adolescent Medicine.

TEXAS SHOULD GIVE TEENS THE RIGHT TO CONSENT TO BIRTH CONTROL

Show up for teens by supporting My Body, My Future Act which gives Texas youth the authority to consent to all FDA approved contraceptive services.

I spoke to a 17-year old who reached out to us on our text hotline looking for contraception to help manage her menstrual cycle. She shared that she has the worst period symptoms & that when doctors found cysts on her ovaries when she was 14, they recommended birth control as a treatment to manage cyst growth, but her mom refused because it "opens up new doors."